



Phased School Reopening Health and Safety Plan Template

*****Updated November 20, 2020.**

*****Updated September 28, 2020.**

*****Updated September 5, 2020 and September 15, 2020.**

Guidance Updates from PDE and DOH sent September 2, 2020.

“The Athletics Health and Safety Plan must be included in the school entity’s School Health and Safety Plan submitted to PDE.”

See page 44 for the most current SASD Athletics Health and Safety Plan.

See pages 61-63 for the most current Spectator Attendance Plans as part of the SASD Athletics Health and Safety Plan (updated September 15, 2020).

Each school entity must create a Health and Safety Plan which will serve as the local guidelines for all instructional and non- instructional school reopening activities. As with all emergency plans, the Health and Safety Plan developed for each school entity should be tailored to the unique needs of each school and should be created in consultation with local health agencies. Given the dynamic nature of the pandemic, each plan should incorporate enough flexibility to adapt to changing conditions. The templates provided in this toolkit can be used to document a school entity’s Health and Safety Plan, with a focus on professional learning and communications, to ensure all stakeholders are fully informed and prepared for a local phased reopening of school facilities. A school entity’s Health and Safety Plan must be approved by its governing body and posted on the school entity’s publicly available website prior to the reopening of school. School entities should also consider whether the adoption of a new policy or the modification of an existing policy is necessary to effectively implement the Health and Safety Plan.

Each school entity should continue to monitor its Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity’s public website.

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This resource draws on a resource created by the Council of Chief State School Officers (CCSSO) that is based on official guidance from multiple sources to include: the Centers for Disease Control and Prevention, the White House, American Academy of Pediatrics, Learning Policy Institute, American Enterprise Institute, Rutgers Graduate School of Education, the World Health Organization, the Office of the Prime Minister of Norway as well as the departments of education/health and/or offices of the governor for Idaho, Montana, New York, Texas and Washington, DC.

Health and Safety Plan: Shamokin Area School District

In the best interest of education, the Shamokin Area School District (SASD) recognizes the need to have students participating in face to face instruction as often as possible. This plan outlines the SASD strategy in comparing responses to and recovering from the pandemic including specifically COVID-19. This will serve as a guide for the safe reopening of the SASD. This is a fluid document based on local, state and federal guidelines, which will continue to develop over time. This plan is based on the district's ability to follow the state, local and federal guidelines to the best of our ability; however, this plan is developed to reduce the level of risk, but does not completely eliminate risks and exposure. For families with concerns, we recommend our K-12 cyber/virtual academy as an educational option.

Parents are strongly encouraged to do system screening (temperature check, health assessment) prior to your child attending face-to-face instruction. If a child displays any COVID-19 symptoms, the child must stay home from school.

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that can completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- The Red Phase: Schools remain closed for in-person instruction and all instruction must be provided via remote learning, whether using digital or non-digital platforms. Provisions for student services such as school meal programs should continue. Large gatherings are prohibited.
- The Yellow Phase and Green Phase: Schools may provide in-person instruction after developing a written Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Based on your county's current designation (i.e., red, yellow, green) and the best interests of your local community, indicate which type of reopening your LEA has selected by checking the appropriate box in row three of the table below. Use the remainder of the template to document your LEA's plan to bring back students and staff, how you will communicate the type of reopening with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school operations and potential adjustments throughout the school year.

Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red

designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen. This means that your school entity should account for changing conditions in your local Health and Safety Plan to ensure fluid transition from more to less restrictive conditions in each of the phase requirements as needed.

Type of Reopening

Key Questions

- How do you plan to bring students and staff back to physical school buildings, particularly if you still need social distancing in place?
- How did you engage stakeholders in the type of re-opening your school entity selected?
- How will you communicate your plan to your local community?
- Once you reopen, what will the decision-making process look like to prompt a school closure or other significant modification to operations?

Based on your county's current designation and local community needs, which type of reopening has your school entity selected? (SELECT ONE BOX BELOW)

- Total reopen for all students and staff (but some students/families opt for distance learning out of safety/health concern).
- Scaffolded reopening: Some students are engaged in in-person learning, while others are distance learning (i.e., some grade levels in-person, other grade levels remote learning).
- Blended reopening that balances in-person learning and remote learning for all students (i.e., alternating days or weeks).
- Total remote learning for all students. (Plan should reflect future action steps to be implemented and conditions that would prompt the decision as to when schools will re-open for in-person learning).

Anticipated launch date for in-person learning (i.e., start of blended, scaffolded, or total reopening): August 24, 2020.

Pandemic Coordinator/Team

Each school entity is required to identify a pandemic coordinator and/or pandemic team with defined roles and responsibilities for health and safety preparedness and response planning during the phased reopening of schools. The pandemic coordinator and team will be responsible for facilitating the local planning process, monitoring implementation of your local Health and Safety Plan, and continued monitoring of local health data to assess implications for school operations and potential adjustments to the Health and Safety Plan throughout the school year. To ensure a comprehensive plan that reflects the considerations and needs of every stakeholder in the local education community, LEAs are encouraged to establish a pandemic team to support the pandemic coordinator. Inclusion of a diverse group of stakeholders is critical to the success of planning and implementation. LEAs are highly encouraged to make extra effort to engage representatives from every stakeholder group (i.e., administrators, teachers, support staff, students, families, community health official or other partners), with a special focus on ensuring that the voices of underrepresented and historically marginalized stakeholder groups are prioritized. In the table below, identify the individual who will serve as the pandemic coordinator and the stakeholder group they represent in the row marked “Pandemic Coordinator”. For each additional pandemic team member, enter the individual’s name, stakeholder group they represent, and the specific role they will play in planning and implementation of your local Health and Safety Plan by entering one of the following under “Pandemic Team Roles and Responsibilities”:

- **Health and Safety Plan Development:** Individual will play a role in drafting the enclosed Health and Safety Plan;
- **Pandemic Crisis Response Team:** Individual will play a role in within-year decision making regarding response efforts in the event of a confirmed positive case or exposure among staff and students; or
- **Both (Plan Development and Response Team):** Individual will play a role in drafting the plan and within-year decision making regarding response efforts in the event of confirmed positive case.

Individual(s)	Stakeholder Group Represented	Pandemic Team Roles and Responsibilities (Options Above)
Corrine Carpenter	Pandemic Coordinator	Both
Chris J. Venna	Superintendent	Both
Laura Scandle	Board Member	Both
Dave Petrovich	Supervisor of Buildings & Grounds	Both
Karen Colangelo	Business Manager	Both
Mary Teresa Komara	Curriculum Coordinator	Both

Sherry Eichelberger	Food Service Director	Both
Ben Anderson	Technology Coordinator	Both
Sherry Glosek	Supervisor of Special Education	Both
Rick Kashner	Athletic Director	Both
Mike Rogers	Parent/EMS Personnel	Both
Jennifer Neary	Parent/Elementary Teacher	Both
Amanda Stine	Special Education Teacher	Both
Mike Keefer	Elementary Principal	Both
Anthony Carnuccio	Elementary Assistant Principal	Both
Todd Hockenbroch	Middle/High School Principal	Both
Henry Hynoski	Dean of Students	Both
Chris Zimmerman	Parent/Elementary Teacher	Both
David Kopitsky	Middle/High School Teacher	Both
Scott Segedy	Security Personnel	Both
Nicole Worgen	School Nurse	Both
Amy Minnier	School Nurse	Both
Wendy Fegley	School Nurse Assistant	Both
Kellyann Kelly	School Nurse Assistant	Both
Mike Klinger	Transportation Contractor	Both

Key Strategies, Policies, and Procedures

Once your LEA has determined the type of reopening that is best for your local community and established a pandemic coordinator and/or pandemic team, use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the Pennsylvania Department of Education’s Preliminary Guidance for Phased Reopening of PreK-12 Schools.

For each domain of the Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. You can use the key questions to guide your domain summary.

For each requirement within each domain, document the following:

- **Action Steps under Yellow Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow. List the discrete action steps for each requirement in sequential order.
- **Action Steps under Green Phase:** Identify the specific adjustments the LEA or school will make to the requirement during the time period the county is designated as green. If implementation of the requirement will be the same regardless of county designation, then type “same as Yellow” in this cell.
- **Lead Individual and Position:** List the person(s) responsible for ensuring the action steps are fully planned and the school system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Professional Development (PD) Required:** In order to implement this requirement effectively, will staff, students, families, or other stakeholders require professional development?

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the building is cleaned and ready to safely welcome staff and students?
- How will you procure adequate disinfection supplies meeting OSHA and [CDC requirements for COVID-19](#)?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain staff and student safety?
- What protocols will you put in place to clean and disinfect throughout an individual school day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

There will be a schedule for cleaning high touch and high-traffic areas at key points throughout the day following the [CDC's Guidance for Cleaning and Disinfecting Schools](#)

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>The district will follow the CDC's Guidance for Cleaning & Disinfecting Schools</p> <p>Increase Social Distancing & Hygiene Practices</p> <p>Scheduled protocol for cleaning high-touch and high-traffic areas including door handles and sink handles at key point throughout the day</p> <p>Students will be permitted to use fill stations; however, water fountains will be closed for use</p> <p>Students will be permitted to bring their personal water bottles</p> <p>Implement and Supervise the Daily and Weekly COVID-19 Cleaning Activities as specified on the Daily and Weekly COVID-19 Job Cards</p> <p>Increase ventilation rates from OCC Hours only to 24/7 operation whenever possible</p>	<p>The district will follow the CDC's Guidance for Cleaning & Disinfecting Schools</p> <p>Increase Social Distancing & Hygiene Practices</p> <p>Scheduled protocol for cleaning high-touch and high-traffic areas including door handles and sink handles at key point throughout the day</p> <p>Students will be permitted to use fill stations; however, water fountains will be closed for use</p> <p>Students will be permitted to bring their personal water bottles</p> <p>Implement and Supervise the Daily and Weekly COVID-19 Cleaning Activities as specified on the Daily and Weekly COVID-19 Job Cards</p> <p>Increase ventilation rates from OCC Hours only to 24/7 operation whenever possible</p>	<p>Dave Petrovich</p>	<p>PPE</p> <p>CDC Website</p> <p>COVID-19 Job Cards</p>	

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Other cleaning, sanitizing, disinfecting, and ventilation practices	<p>Nightly Daily use of Air Mister Disinfecting Machine</p> <p>Classrooms and common areas will be ventilated with additional circulation of outdoor air when possible</p>	<p>Nightly Daily use of Air Mister Disinfecting Machine</p> <p>Classrooms and common areas will be ventilated with additional circulation of outdoor air when possible</p>	Dave Petrovich	Air Mister Disinfecting Machine	

Social Distancing and Other Safety Protocols

Key Questions

- How will classrooms/learning spaces be organized to mitigate spread?
- How will you group students with staff to limit the number of individuals who come into contact with each other throughout the school day?
- What policies and procedures will govern use of other communal spaces within the school building?
- How will you utilize outdoor space to help meet social distancing needs?
- What hygiene routines will be implemented throughout the school day?
- How will you adjust student transportation to meet social distancing requirements?
- What visitor and volunteer policies will you implement to mitigate spread?
- Will any of these social distancing and other safety protocols differ based on age and/or grade ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

Schedules will be as static as possible having the same group of students together for as much of the day as possible. Large group areas and outdoor space will be utilized to the greatest extent possible to allow for social distancing. Staff and students will wash hands frequently throughout the day.

Requirements	Action Steps under Yellow Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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<p>* Classroom/ learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible</p>	<p>As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order). When the face coverings are no longer mandated, we will continue to increase the use of PPE (masks, gloves, face-shields), which will be recommended, encouraged and provided for those students who need them.</p> <p>When possible, do the following:</p> <p>Remove all unnecessary furniture in each room.</p> <p>Schedules should be as static as possible by having the same group of students with the same group of staff based on age and developmental level. American Academy of Pediatrics (AAP)</p> <p>Restrict interactions between groups of students.</p>	<p>As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order). When the face coverings are no longer mandated, we will continue to increase the use of PPE (masks, gloves, face-shields), which will be recommended, encouraged and provided for those students who need them.</p> <p>When possible, do the following:</p> <p>Remove all unnecessary furniture in each room.</p> <p>Schedules should be as static as possible by having the same group of students with the same group of staff based on age and developmental level. American Academy of Pediatrics (AAP)</p> <p>Restrict interactions between groups of students.</p>	<p>Building Principal</p>	<p>Building Level Schedule</p>	<p>Yes</p>
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Requirements	Action Steps under Yellow Phase		Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<p>Staggered schedule to limit the number of individuals in a classroom or other space.</p>	<p>Staggered schedule to limit the number of individuals in a classroom or other space.</p>			
	<p>Limit gatherings, events and extracurricular activities to those that can maintain social distancing and follow state guidelines.</p>	<p>Limit gatherings, events and extracurricular activities to those that can maintain social distancing and follow state guidelines.</p>			
	<p>Hold classes in gyms, auditoriums, other large spaces, or outdoors when possible.</p>	<p>Hold classes in gyms, auditoriums, other large spaces, or outdoors when possible.</p>			
	<p>Turn desks facing the same direction or have students only sit on one side of the table, spaced apart.</p>	<p>Turn desks facing the same direction or have students only sit on one side of the table, spaced apart.</p>			
	<p>Should the use of a hybrid model be needed, the goal will be to have students attend school as much as possible.</p>	<p>Should the use of a hybrid model be needed, the goal will be to have students attend school as much as possible.</p>			
	<p>Students without stable internet within their home will have the ability to download instructional materials on location at the school.</p>	<p>Students without stable internet within their home will have the ability to download instructional materials on location at the school.</p>			

Requirements	Action Steps under Yellow Phase		Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Restricting the use of cafeterias and other congregate settings, and serving meals in alternate settings such as classrooms</p>	<p>Students will be encouraged to follow hand sanitizer protocol, provided at stations within the cafeterias, prior to and after consuming food or beverages.</p> <p>Parents /guardians will be encouraged to deposit funds using the on-line payment portal, avoiding the handling of cash and checks in the cafeterias.</p> <p>Meal condiments will be limited and provided to students on the serving trays.</p> <p>Students will not be permitted to serve themselves for items such as fruit and or vegetable selections. Staff will serve students all meal components. Selection of fruits and vegetables will be limited.</p> <p>Student dining areas and cafeteria serving areas will be thoroughly cleaned between lunch periods.</p> <p>Lunch will be served in a manner promoting social distancing</p>	<p>Students will be encouraged to follow hand sanitizer protocol, provided at stations within the cafeterias, prior to and after consuming food or beverages.</p> <p>Parents /guardians will be encouraged to deposit funds using the on-line payment portal, avoiding the handling of cash and checks in the cafeterias.</p> <p>Meal condiments will be limited and provided to students on the serving trays.</p> <p>Students will not be permitted to serve themselves for items such as fruit and or vegetable selections. Staff will serve students all meal components. Selection of fruits and vegetables will be limited.</p> <p>Student dining areas and cafeteria serving areas will be thoroughly cleaned between lunch periods.</p> <p>Lunch will be served in a manner promoting social distancing</p>	<p>Building Principal & Food Service Director</p>		<p>Yes</p>

Requirements	Action Steps under Yellow Phase		Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices</p>	<p>All staff will be trained on healthy hygiene practices so they can teach these to students</p> <p>When possible, ensure handwashing strategies include washing with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available and hands are not visibly dirty, use an alcohol-based hand sanitizer that contains at least 60% alcohol.</p> <p>CDC - handwashing techniques</p> <p>Teaching Handwashing Activity</p> <p>Geisinger Medical Center - Handwashing</p> <p>Ensure adequate supplies (e.g., soap, paper towels, hand sanitizer, tissue) to support healthy hygiene practices.</p>	<p>All staff will be trained on healthy hygiene practices so they can teach these to students.</p> <p>When possible, ensure handwashing strategies include washing with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available and hands are not visibly dirty, use an alcohol-based hand sanitizer that contains at least 60% alcohol.</p> <p>CDC - handwashing techniques</p> <p>Teaching Handwashing Activity</p> <p>Geisinger Medical Center - Handwashing</p> <p>Ensure adequate supplies (e.g., soap, paper towels, hand sanitizer, tissue) to support healthy hygiene practices.</p>	<p>Building Principal</p> <p>Supervisor of Buildings & Grounds</p>	<p>Hand soap</p> <p>Alcohol based sanitizers</p> <p>Hygiene posters</p>	

Requirements	Action Steps under Yellow Phase		Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	Signs posted throughout the building, restrooms and handwashing stations	Signs posted throughout the building, restrooms and handwashing stations	Supervisor of Buildings and Grounds Building Principal	Hygiene Posters CDC Website Hand washing posters	N

<p>* Identifying and restricting non-essential visitors and volunteers</p>	<p>In an effort to keep our students safe and allow for their educational needs to be met, we will not be using volunteers and non-essential visitors at the beginning of the school term and will be revisited on a monthly basis.</p> <p><u>Essential visitors or volunteers must wear masks upon entering the building.</u> Signage will be posted throughout the building and high traffic areas. Visitors or volunteers should be screened for symptoms including temperature, prior to entering the building.</p> <p>In an effort to keep our students safe and allow for their educational needs to be met, educational trips will not be approved at the beginning of the school term and will be revisited on a monthly basis.</p> <p>No outside individuals using facilities under Policy 707 without Board Approval.</p> <p>Do not schedule large group activities including, but not limited to assemblies, concerts, and theater.</p>	<p>In an effort to keep our students safe and allow for their educational needs to be met, we will not be using volunteers and non-essential visitors at the beginning of the school term and will be revisited on a monthly basis.</p> <p><u>Essential visitors or volunteers must wear masks upon entering the building.</u> Signage will be posted throughout the building and high traffic areas. Visitors or volunteers should be screened for symptoms including temperature, prior to entering the building.</p> <p>In an effort to keep our students safe and allow for their educational needs to be met, educational trips will not be approved at the beginning of the school term and will be revisited on a monthly basis.</p> <p>No outside individuals using facilities under Policy 707 without Board Approval.</p> <p>Limit large group activities such as extracurriculars in accordance with PIAA, PMEA and State Guidelines</p> <p>Ensure all large group activities including, but not limited to</p>	<p>Building Principal</p>		<p>N</p>
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Requirements	Action Steps under Yellow Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
		assemblies, concerts, and theater shows follow social distancing guidelines.		

<p>* Handling sporting activities for recess and physical education classes consistent with the CDC Considerations for Youth Sports</p>	<p>Physical Education</p> <p>Following CDC guidelines, Select and provide safe opportunities for exercise and sports events for students. Consider;</p> <ul style="list-style-type: none"> ● Physical proximity of players ● Amount of touching of shared equipment ● Ability to engage in social distancing while not engaged in active play. ● Engagement of players at higher risk. ● Size of team. <p>Train teachers, coaches, officials, and staff on all safety protocols.</p> <p>CDC Considerations for Youth Sports.</p> <p>Recess</p> <p>Limit recreation areas to open spaces.</p> <p>Greatly restrict or eliminate use of playground structures.</p> <p>Ensure adequate playground equipment (balls, jump ropes, etc.) to limit the sharing of items or limited to one group of students at a time and disinfect between uses.</p>	<p>Physical Education</p> <p>Following CDC guidelines, Select and provide safe opportunities for exercise and sports events for students. Consider;</p> <ul style="list-style-type: none"> ● Physical proximity of players ● Amount of touching of shared equipment ● Ability to engage in social distancing while not engaged in active play. ● Engagement of players at higher risk. ● Size of team. <p>Train teachers, coaches, officials, and staff on all safety protocols.</p> <p>CDC Considerations for Youth Sports</p> <p>Recess</p> <p>Limit to one group of students, following social distancing guidelines, using playground structures at a time.</p> <p>Ensure adequate playground equipment (balls, jump ropes, etc.) to limit the sharing of items or limited to one group of students at a time and disinfect between uses.</p>	<p>Physical Education Teachers</p> <p>Building Principal</p>	<p>Playground equipment</p> <p>Physical Ed equipment</p> <p>National PE Guidelines</p>	<p>Yes</p>
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<p>Handling Music Activities and Classes</p>	<p>Limited team sports and group games following social distance guidelines</p> <p>Follow Covid-19 Instrument Cleaning Policies. Teachers will provide students instruction on these cleaning policies prior to resuming instrumental music lessons or classes.</p> <p>Clean/disinfect commonly used areas such as chairs, music stands, tec. To the greatest extent possible.</p> <p>Covid-19 Instrument Cleaning Policies</p> <p>Select and provide safe opportunities for music instruction for students. Consider;</p> <ul style="list-style-type: none"> ● Physical proximity of students. ● Use of appropriate facilities to accommodate social distancing. ● Amount of touching of shared equipment. ● Ability to engage in social distancing while not engaged in active play. ● Engagement of players at higher risk. ● Size of group. 	<p>Limited team sports and group games following social distance guidelines</p> <p>Follow Covid-19 Instrument Cleaning Policies. Teachers will provide students instruction on these cleaning policies prior to resuming instrumental music lessons or classes.</p> <p>Clean/disinfect commonly used areas such as chairs, music stands, tec. To the greatest extent possible.</p> <p>Covid-19 Instrument Cleaning Policies</p> <p>Select and provide safe opportunities for music instruction for students. Consider;</p> <ul style="list-style-type: none"> ● Physical proximity of students. ● Use of appropriate facilities to accommodate social distancing. ● Amount of touching of shared equipment. ● Ability to engage in social distancing while not engaged in active play. ● Engagement of players at higher risk. ● Size of group. 	<p>Building Principal</p> <p>Music Teacher</p>	<p>Music Instruments</p> <p>National Ed Music Guidelines</p>	
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Requirements	Action Steps under Yellow Phase		Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Limiting the sharing of materials among students	<p>Clean and disinfect shared items between uses.</p> <p>Keep each student's belongings separated from others' as much as possible.</p> <p>Ensure adequate supplies to minimize sharing of high touch materials to the extent possible or limit to one group of students at a time and disinfect in between use.</p> <ul style="list-style-type: none"> • Textbooks that are shared • Technology • Art Supplies • PE Equipment <p>Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible. Clean and disinfect them before and after use.</p>	<p>Clean and disinfect shared items between uses.</p> <p>Keep each student's belongings separated from others' as much as possible.</p> <p>Ensure adequate supplies to minimize sharing of high touch materials to the extent possible or limit to one group of students at a time and disinfect in between use.</p> <ul style="list-style-type: none"> • Textbooks that are shared • Technology • Art Supplies • PE Equipment <p>Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible. Clean and disinfect them before and after use.</p>	<p>Teachers</p> <p>Building Principal</p>	<p>Cleaning supplies</p>	<p>Yes</p>

Requirements	Action Steps under Yellow Phase		Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>Staggering the use of communal spaces and hallways</p>	<p>When possible create one-way traffic patterns in hallways and stairwells. American Academy of Pediatrics (AAP))</p> <p>Keep students in one location to the greatest extent possible. Stagger hallway movement when movement is necessary (recommended by American Academy of Pediatrics (AAP))</p> <p>Create schedules to promote social distancing at high congestion times such as lunch, arrival, and dismissal</p> <p>Pursue virtual group events, gatherings, or meetings, if possible, and promote social distancing of at least 6 feet between people if events are held</p> <p>Stagger bells when possible</p> <p>Create book cleaning protocols for classroom and school libraries. Handling Library Materials During COVID</p>	<p>When possible create one-way traffic patterns in hallways and stairwells. American Academy of Pediatrics (AAP))</p> <p>Keep students in one location to the greatest extent possible. Stagger hallway movement when movement is necessary (recommended by American Academy of Pediatrics (AAP))</p> <p>Create schedules to promote social distancing at high congestion times such as lunch, arrival, and dismissal</p> <p>Pursue virtual group events, gatherings, or meetings, if possible, and promote social distancing of at least 6 feet between people if events are held</p> <p>Stagger bells when possible</p> <p>Create book cleaning protocols for classroom and school libraries. Handling Library Materials During COVID</p>	<p>Teachers</p> <p>Building Principal</p>	<p>Directional arrows for building flow</p>	<p>Yes</p>

<p>Adjusting transportation schedules and practices to create social distance between students</p>	<p>Routes will be developed, paying particular attention to balancing student ridership.</p> <p>Students in grades PK-12 will follow masking guidelines from the PA Dept of Health.</p> <p>Students will be encouraged to sit with family members and distance from others to the greatest extent possible. Additionally assign seats by cohort if possible so that students are always with the same group of students. (recommended by American Academy of Pediatrics (AAP))</p> <p>Extracurricular and Educational field trips will be limited based on State guidelines throughout the year</p> <p>In order to keep schools open and community safe, we will limit outside exposure to schools/opponents who do not follow a State Health and Wellness plan</p> <p>Roof hatches and windows will be opened whenever possible to allow for the best ventilation. American Academy of Pediatrics</p> <p>Parents will be encouraged to transport their children if they are able to reduce the total</p>	<p>Routes will be developed, paying particular attention to balancing student ridership.</p> <p>Students in grades PK-12 will follow masking guidelines from the PA Dept of Health.</p> <p>Students will be encouraged to sit with family members and distance from others to the greatest extent possible. Additionally assign seats by cohort if possible so that students are always with the same group of students. (recommended by American Academy of Pediatrics (AAP))</p> <p>Extracurricular and Educational field trips will be limited based on State guidelines throughout the year</p> <p>In order to keep schools open and community safe, we will limit outside exposure to schools/opponents who do not follow a State Health and Wellness plan</p> <p>Roof hatches and windows will be opened whenever possible to allow for the best ventilation. American Academy of Pediatrics</p> <p>Parents will be encouraged to transport their children if they are able to reduce the total</p>	<p>Superintendent</p> <p>Director of Transportation</p> <p>Bus Contractor</p>	<p>Cleaning materials</p>	<p>Yes</p>
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Requirements	Action Steps under Yellow Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	population needing transportation	population needing transportation		

<p>Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students</p>	<p>To the extent feasible, students should be socially distanced six feet apart pursuant to CDC and PDE guidelines. If six feet is not achievable in the classroom setting, students should be spaced to the maximum extent possible. As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order).</p> <p>Identify small groups and keep them together (cohorting).</p> <p>Ensure that student and staff groupings are as static as possible by having the same group of children stay with the same staff (all day for young children, as much as possible for older children). American Academy of Pediatrics</p> <p>Limit mixing between groups if possible.</p> <p>Geisinger Infographic on Power of Social Distancing</p>	<p>To the extent feasible, students should be socially distanced six feet apart pursuant to CDC and PDE guidelines. If six feet is not achievable in the classroom setting, students should be spaced to the maximum extent possible. As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order).</p> <p>Identify small groups and keep them together (cohorting).</p> <p>Ensure that student and staff groupings are as static as possible by having the same group of children stay with the same staff (all day for young children, as much as possible for older children). American Academy of Pediatrics</p> <p>Limit mixing between groups if possible.</p> <p>Geisinger Infographic on Power of Social Distancing</p>	<p>Building Principal</p>	<p>NA</p>	<p>No</p>
<p>Coordinating with local childcare</p>	<p>Update the SASD website with any transportation changes.</p>	<p>Update the SASD website with any transportation changes.</p>	<p>Director of Transportation</p>	<p>NA</p>	<p>No</p>

Requirements	Action Steps under Yellow Phase		Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
regarding on site care, transportation protocol changes and, when possible, revised hours of operation or modified school-year calendars					
Other social distancing and safety practices	Installing plexi-glass sneeze guards for staff in main offices and cafeterias	Installing plexi-glass sneeze guards for staff in main offices and cafeterias	Superintendent Supervisor of Buildings and Grounds	Plexi-glass	N

Monitoring Student and Staff Health

Key Questions

- How will you monitor students, staff, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Where, to whom, when, and how frequently will the monitoring take place (e.g. parent or child report from home or upon arrival to school)?
- What is the policy for quarantine or isolation if a staff, student, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19?
- Which staff will be responsible for making decisions regarding quarantine or isolation requirements of staff or students?
- What conditions will a staff or student confirmed to have COVID-19 need to meet to safely return to school? How will you accommodate staff who are unable to uncomfortable to return?
- How will you determine which students are willing/able to return? How will you accommodate students who are unable or uncomfortable to return?
- When and how will families be notified of confirmed staff or student illness or exposure and resulting changes to the local Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student and staff health? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions: The first level of symptom screening will be done by parents/guardians at home before school each day. Parents will not send a child to school with symptoms. Staff will also not report to work if they are sick.

If a student or staff member becomes ill at work they will immediately report to the nurse who will isolate the person to the greatest extent possible.

Persons who have COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation following CDC recommendations.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Monitoring students and staff for symptoms and history of exposure</p>	<p>Symptom screening will be done by all parents/guardians at home each morning before the school day. Children who either have symptoms, fever, or exposure to COVID-19, should not be sent on the bus or brought to school or by parent</p> <p>All district staff will perform a symptoms screen on themselves prior to leaving for work and will stay home if ill.</p> <p>Students and staff should mask and proceed to the nurse immediately upon feeling symptomatic.</p> <p>The nurse will have an area of isolation for staff/students who feel symptomatic.</p> <p>Symptoms and hand washing protocol will be posted through the buildings for Students and staff.</p> <p>All individuals in school should sanitize or wash their hands on a frequent basis.</p> <p>Staff will be made aware of COVID symptoms and can determine if a child should receive an additional screening at school <u>Geisinger Screening Protocol</u></p>	<p>Symptom screening will be done by all parents/guardians at home each morning before the school day. Children who either have symptoms, fever, or exposure to COVID-19, should not be sent on the bus or brought to school or by parent</p> <p>All district staff will perform a symptoms screen on themselves prior to leaving for work and will stay home if ill.</p> <p>Students and staff should mask and proceed to the nurse immediately upon feeling symptomatic.</p> <p>The nurse will have an area of isolation for staff/students who feel symptomatic.</p> <p>Symptoms and hand washing protocol will be posted through the buildings for Students and staff.</p> <p>All individuals in school should sanitize or wash their hands on a frequent basis.</p> <p>Staff will be made aware of COVID symptoms and can determine if a child should receive an additional screening at school <u>Geisinger Screening Protocol</u></p>	<p>Nurses</p> <p>Principals</p> <p>Teachers</p>	<p>Self-screening and reporting procedures</p> <p>Staff training</p> <p>Parent/community education resources</p> <p>COVID-19 resources</p>	

<p>* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p>Work with school administrators, nurse and healthcare providers to identify isolation room or area to separate anyone with COVID-19 symptoms</p> <p>School nurses and other healthcare providers should follow Standard Transmission-Based Precautions when calling for sick students</p> <p><u>CDC Quarantine and Isolation Information</u></p> <p>Close off the area used by a person testing positive for COVID-19 and do not use before cleaning and disinfecting</p> <p>Notify staff and families of confirmed cases while maintaining confidentiality</p> <p>As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order).</p>	<p>Work with school administrators, nurse and healthcare providers to identify isolation room or area to separate anyone with COVID-19 symptoms</p> <p>School nurses and other healthcare providers should follow Standard Transmission-Based Precautions when calling for sick students</p> <p><u>CDC Quarantine and Isolation Information</u></p> <p>Close off the area used by a person testing positive for COVID-19 and do not use before cleaning and disinfecting</p> <p>Notify staff and families of confirmed cases while maintaining confidentiality</p> <p>As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order).</p>	<p>Nurses</p> <p>Principals</p> <p>Teachers</p>	<p>Isolation area</p> <p>Notification letter</p> <p>Health care training (Nurses)</p>	
<p>* Returning isolated or quarantined</p>	<p>The following will be recommended:</p>	<p>The following will be recommended:</p>	<p>Administrators</p>		

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>staff, students, or visitors to school</p>	<p>Those returning will be encouraged to follow the state guidelines.</p> <p>Persons who have COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:</p> <ul style="list-style-type: none"> • Resolution of symptoms without the use of fever-reducing medications for the previous 72 hours. AND • Improvement in respiratory symptoms (e.g., cough, shortness of breath). AND • Minimum 10 days from the onset of initial symptoms. <p>OR</p> <ul style="list-style-type: none"> • Documentation of negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥ 24 hours apart (total of two negative specimens) <p>CDC Return Recommendations</p>	<p>Those returning will be encouraged to follow the state guidelines.</p> <p>Persons who have COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:</p> <ul style="list-style-type: none"> • Resolution of symptoms without the use of fever-reducing medications for the previous 72 hours. AND • Improvement in respiratory symptoms (e.g., cough, shortness of breath). AND • Minimum 10 days from the onset of initial symptoms. <p>OR</p> <ul style="list-style-type: none"> • Documentation of negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥ 24 hours apart (total of two negative specimens) <p>CDC Return Recommendations</p>	<p>Nurses</p>		

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Notifying staff, families, and the public of school closures and within-school-year changes in safety protocols	<p>Post Health and Safety Plan on SASD website.</p> <p>Provide regular update information on SASD website and in parent communication.</p> <p>Prepare parents and families for remote learning if school is temporarily dismissed/closed</p>	<p>Post Health and Safety Plan on SASD website.</p> <p>Provide regular update information on SASD website and in parent communication.</p> <p>Prepare parents and families for remote learning if school is temporarily dismissed/closed</p>	<p>Building Principal</p> <p>Nurse</p>		
Other monitoring and screening practices	<p>When a confirmed case is identified, PA DOH should be involved. The Superintendent will rely on DOH for instruction on the closure of classrooms or schools. The Superintendent will reach out the State DOH to ensure they are updated should a case be reported and take guidance from there.</p> <p>The Superintendent will rely on the DOH for contact tracing.</p>	<p>When a confirmed case is identified, PA DOH should be involved. The Superintendent will rely on DOH for instruction on the closure of classrooms or schools. The Superintendent will reach out the State DOH to ensure they are updated should a case be reported and take guidance from there.</p> <p>The Superintendent will rely on the DOH for contact tracing.</p>			

Other Considerations for Students and Staff

Key Questions

- What is the local policy/procedure regarding face coverings for staff? What is the policy/procedure for students?
- What special protocols will you implement to protect students and staff at higher risk for severe illness?
- How will you ensure enough substitute teachers are prepared in the event of staff illness?
- How will the LEA strategically deploy instructional and non-instructional staff to ensure all students have access to quality learning opportunities, as well as supports for social emotional wellness at school and at home?

Summary of Responses to Key Questions: We will follow the guidelines set forth in the Families First Coronavirus Act.

Staff and students in grades PK-12 will follow masking guidelines from the PA Dept of Health.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Protecting students and staff at higher risk for severe illness</p>	<p>Cancel all non-essential travel.</p> <p>The district will follow guidelines set forth in the (FFCRA) Families First Coronavirus Response Act.</p> <p>Discourage the use of perfect attendance awards and incentives.</p>	<p>Cancel all non-essential travel.</p> <p>The district will follow guidelines set forth in the (FFCRA) Families First Coronavirus Response Act.</p> <p>Discourage the use of perfect attendance awards and incentives.</p>	<p>Superintendent</p> <p>Human Resources Business Office Staff</p> <p>Building Principal</p>	<p>NA</p>	<p>No</p>
<p>* Use of face coverings (masks or face shields) by all staff</p>			<p>Superintendent</p> <p>Building Principal</p>	<p>Signage</p>	<p>No</p>

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Use of face coverings (masks or face shields) by older students (as appropriate)</p>	<p>As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order). When the masks are no longer mandated, we will continue to encourage the use of PPE (masks, gloves, face-shields), which will be recommended, encouraged and provided for those students who need them.</p> <p>Geisinger Face Mask Guidance</p> <p>It is encouraged that students be given outdoor time and socially distanced time where no masks are needed (recommended by American Academy of Pediatrics (AAP))</p>	<p>As per the Pennsylvania Department of Health’s Order Requiring Universal Face Coverings of August 17, 2020, all students and staff will be required to wear masks while in school, regardless of whether or not social distancing is maintained (except during the limited exceptions listed as part of the Order). When the masks are no longer mandated, we will continue to encourage the use of PPE (masks, gloves, face-shields), which will be recommended, encouraged and provided for those students who need them.</p> <p>Geisinger Face Mask Guidance</p> <p>It is encouraged that students be given outdoor time and socially distanced time where no masks are needed (recommended by American Academy of Pediatrics (AAP))</p>	<p>Superintendent</p> <p>Building Principal</p>	<p>Signage</p>	<p>NO</p>

<p>Unique safety protocols for students with complex needs or other vulnerable individuals</p>	<p>Extra precautions in low incidence programs (AS, MDS, LSS).</p> <p>Servicing students in low incidence programs can be problematic due to, but not limited to, students with medical concerns, students not understanding the importance of wearing a mask, students unable to maintain proper social distance, students requiring hand-over-hand instruction and support, students requiring assistance with feeding or toileting.</p> <p>For these reasons, extra precautions will be implemented. These precautions include:</p> <p>If a sink is available in the classroom, staff should thoroughly wash hands immediately before and after working with a student. If a sink is not available, use hand sanitizer.</p> <p>Avoid the use of communal objects for student reinforcement. If such objects are used with multiple students, each object should be disinfected immediately before and after student use.</p>	<p>Extra precautions in low incidence programs (AS, MDS, LSS).</p> <p>Servicing students in low incidence programs can be problematic due to, but not limited to, students with medical concerns, students not understanding the importance of wearing a mask, students unable to maintain proper social distance, students requiring hand-over-hand instruction and support, students requiring assistance with feeding or toileting.</p> <p>For these reasons, extra precautions will be implemented. These precautions include:</p> <p>If a sink is available in the classroom, staff should thoroughly wash hands immediately before and after working with a student. If a sink is not available, use hand sanitizer.</p> <p>Avoid the use of communal objects for student reinforcement. If such objects are used with multiple students, each object should be disinfected immediately before and after student use.</p>	<p>Supervisor of Buildings and Grounds</p> <p>Supervisor of Special Education</p> <p>Superintendent</p> <p>Building Principal</p>	<p>PPE</p>	<p>Yes</p>
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Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<p>Personal student iPads/AAC devices should be disinfected each time a student enters or exits the classroom.</p> <p>The district's feeding protocol should be followed when feeding students. Staff should wear gloves when feeding students.</p> <p>Bathrooms and changing tables should be disinfected before and after student use. Limit students to one at a time.</p> <p>Students should be assisted with hand-washing. Students should be encouraged to wear masks while in common areas such as the hallway. Students should be encouraged not to touch walls and fixtures when in hallways.</p>	<p>Personal student iPads/AAC devices should be disinfected each time a student enters or exits the classroom.</p> <p>The district's feeding protocol should be followed when feeding students. Staff should wear gloves when feeding students.</p> <p>Bathrooms and changing tables should be disinfected before and after student use. Limit students to one at a time.</p> <p>Students should be assisted with hand-washing. Students should be encouraged to wear masks while in common areas such as the hallway. Students should be encouraged not to touch walls and fixtures when in hallways.</p>			

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Strategic deployment of staff	<p>Identify critical job functions and positions, and plan for alternative coverage by cross-training staff.</p> <p>All instructional and non-instructional staff will be prepared to effectively deliver instruction in school and at home and pivot between the two platforms as needed throughout the school year.</p>	<p>Identify critical job functions and positions, and plan for alternative coverage by cross-training staff</p> <p>All instructional and non-instructional staff will be prepared to effectively deliver instruction in school and at home and pivot between the two platforms as needed throughout the school year</p>	<p>Superintendent Administration</p>	<p>NA</p>	<p>No</p>

Health and Safety Plan Professional Development

The success of your plan for a healthy and safe reopening requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires professional development, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the professional learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate participant learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Cleaning, sanitizing, disinfecting and ventilating learning spaces, surfaces, and other areas used by students	Administration Custodians Nurses	Dave Petrovich	One-time training	PowerPoints and CDC guidelines for cleaning schools	July 2020	08/07/2020
Air Mister Disinfecting Machine	Custodians	Dave Petrovich	One time training	Job cards	Prior to start of 2020/21 school term	Prior to start of 2020/21 school term
Healthy Hygiene Practices	All Staff	Nurses	One time training		Prior to start of 2020/21 school term	Prior to start of 2020/21 school term
Implement the SASD Health & Safety Plan	All Staff	Superintendent	One time training		Prior to start of 2020/21 school term	Prior to start of 2020/21 school term
Physical/Music Education	PE/Music Teachers	Building Administrators	One time training		Prior to start of 2020/21 school term	Prior to start of 2020/21 school term

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
COVID-19 Health & Safety Plan Discussion	Principal/Nurses	Superintendent	In-person training		May 2020	Prior to start of 2020/21 school term
COVID-19 Health Care procedures for nurses	All Nurses	Superintendent	In-person training		Prior to the start of 2020/21 school term	Prior to the start of 2020/21 school term
Safety Protocols for Students with Complex Needs	Special Education	Supervisor of Special Education	TBD		Prior to start of 2020/21 school term	Prior to the start of 2020/21

Health and Safety Plan Communications

Timely and effective family and caregiver communication about health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, LEAs should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communications	Start Date	Completion Date
Open Forum Board Meeting	Staff/Parent/Guardian	Superintendent	Virtual Meeting	July 23, 2020	July 23, 2020
2020/21 Health & Safety Reopening Plan	Staff/Parent/Guardian	Superintendent	Website & Social Media	July 2020	Ongoing
Parent Advisory Meetings re: reopening plan	Parent/Guardian Representatives	Superintendent	Virtual and/or in-person meeting	July 2020	Ongoing

Health and Safety Plan Summary: Shamokin Area School District

Anticipated Launch Date: August 2020

Use these summary tables to provide your local education community with a detailed overview of your Health and Safety Plan. LEAs are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>There will be a schedule for cleaning high-touch and high-traffic areas at key points throughout the day following the <u>CDC's Guidance for Cleaning and Disinfecting Schools</u></p>

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Classroom/learning space occupancy that allows for 6 feet of separation among students and staff throughout the day, to the maximum extent feasible</p> <p>* Restricting the use of cafeterias and other congregate settings, and serving meals in alternate settings such as classrooms</p> <p>* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices</p> <p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p>	<p>Schedules will be as static as possible having the same group of students together for as much of the day as possible.</p> <p>Large group areas and outdoor space will be utilized to the greatest extent possible to allow for social distancing.</p> <p>Staff and students will wash hands frequently throughout the day.</p> <p>We will limit the sharing of materials among students to the greatest extent possible.</p>

Requirement(s)	Strategies, Policies and Procedures
<p>* Handling sporting activities consistent with the CDC Considerations for Youth Sports for recess and physical education classes</p> <p>Limiting the sharing of materials among students</p> <p>Staggering the use of communal spaces and hallways</p> <p>Adjusting transportation schedules and practices to create social distance between students</p> <p>Limiting the number of individuals in classrooms and other learning spaces, and interactions between groups of students</p> <p>Coordinating with local childcare regarding on site care, transportation protocol changes and, when possible, revised hours of operation or modified school-year calendars</p> <p>Other social distancing and safety practices</p>	

Monitoring Student and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring students and staff for symptoms and history of exposure</p> <p>* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure</p> <p>* Returning isolated or quarantined staff, students, or visitors to school</p> <p>Notifying staff, families, and the public of school closures and within-school- year changes in safety protocols</p>	<p>The first level of symptom screening will be done by parents/guardians at home before school each day. Parents will not send a child to school with symptoms. Staff will also not report to work if they are sick.</p> <p>If a student or staff member becomes ill at work, they will immediately report to the nurse who will isolate the person to the greatest extent possible.</p> <p>Persons who have COVID-19 who have symptoms and were directed to care for themselves at home may discontinue isolation following CDC recommendations.</p>

Other Considerations for Students and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting students and staff at higher risk for severe illness</p> <p>* Use of face coverings (masks or face shields) by all staff</p> <p>* Use of face coverings (masks or face shields) by older students (as appropriate)</p> <p>Unique safety protocols for students with complex needs or other vulnerable individuals</p> <p>Strategic deployment of staff</p>	<p>We will follow the guidelines set forth in the Families First Coronavirus Act.</p> <p>Staff and students in grades PK-12 will follow masking guidelines from the PA Dept of Health.</p>

*****SASD Athletics Health and Safety Plan.**

*****Updated November 20, 2020.**

Guidance Updates from PDE and DOH.

“The Athletics Health and Safety Plan must be included in the school entity’s School Health and Safety Plan submitted to PDE.”

Shamokin Area School District



Athletic Department

Guidelines for Reopening of Sports & Extracurricular Activities

*****Updated August 18, September 2 and 28 November 20, 2020**

The Shamokin Area School District will be following the current mitigation efforts by Governor Wolf to limit indoor gatherings to 25 or fewer and outside gatherings to 250 or fewer. For more information, see:

<https://www.governor.pa.gov/covid-19/sports-guidance/>

http://www.piaa.org/assets/web/documents/Return_to_Compensation.pdf

FALL SPORTS RECOMMENDATIONS

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

The SASD will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, as well as the NFHS and PIAA. The SASD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators.

Risk Classification of Sport/Activity

High Risk: Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.

Examples: football, wrestling, cheerleading (stunts), dance, marching band

Moderate Risk: Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports that use equipment that can't be cleaned between participants.

Examples: basketball, volleyball, baseball, softball, soccer, ice hockey, tennis, pole vault, high jump, long jump, 7 on 7 football

***Low Risk:** Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.*

Examples: running events, cross country, throwing events, swimming, golf, weightlifting, sideline cheer

GUIDELINES

1. Educate individuals (athletes, coaches and staff) on health and safety protocols.
2. Individuals will:
 - Stay at home if they are sick.
 - Provide their own water bottle. Water bottles must be brought to any team function, cannot be shared, and should be filled prior to arrival.
 - Provide their own face covering, and wear as outlined in each phase. Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face coverings are not required for athletes practicing or competing, and should not be used by athletes engaged in distance running or other high-intensity aerobic training.
 - Undergo a COVID- 19 health screening prior to any team function or activity. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. Individuals screened during the school day will not be screened again for after school activities.
3. SASD will provide:
 - Hand sanitizer as resources allow.
4. Maintain the highest standards possible for cleaning, disinfection, and ventilation in all facilities.
5. Encourage social distancing through increased spacing, reduced group sizes, and limited mixing between groups when possible.
6. Identify staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC “People Who are at a Higher Risk for Severe Illness”)

7. All facilities must be scheduled for use through the athletic department.

Level 1 (PA Red) – No in person team activities are permitted.

Team Activities Permitted:

- Athletes and coaches may communicate only electronically via on-line meetings or phone.
- Athletes may participate in individual in-home workouts.
- School facilities remain closed per PA State Guidelines.

Level 2 (PA Yellow)

Screening:

- Individuals must be screened, including a no touch temperature check, for signs/symptoms of COVID-19 prior to a team function. (See Appendix for COVID-19 Screening Form).
- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact his or her primary care provider or other appropriate healthcare professional for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Social distancing should be applied.
- Workouts cannot consist of a gathering of more than 25 individuals per scheduled facility, and the facility as a whole may not exceed 50% of total occupancy otherwise permitted by law.
- Workouts should be conducted in pods of 13 or less athletes. Pods should remain together throughout the workout.
- Individuals permitted to attend include athletes, coaches, trainers and staff.
- Locker rooms are not available to athletes.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- It is recommended that individuals must wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function or use hand sanitizer.
- Weight room equipment must be wiped down after an individual's use.
- Coaches are required to wipe down all high touch areas after each practice.
- Appropriate clothing/shoes must be worn at all times.
- Hand sanitizer will be made available, as resources allow.

Physical Activity:

- Low Risk Sports may begin practice.
- Moderate and High Risk Sports may practice if modified for non-contact.
- Students cannot share cloth items and these items must be washed after each practice.
- With the exception of balls and field markers (cones, bags, ropes, hurdles, etc), athletic equipment may not be shared by individuals.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 3 (PA Green) 1st 14 days

Screening:

- Individuals must be screened, including a no touch temperature check, for signs/symptoms of COVID-19 prior to a team function. (See Appendix for COVID-19 Screening Form).

- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact his or her primary care provider or other appropriate healthcare professional for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Social distancing should be applied.
- Workouts cannot consist of a gathering of more than 50 individuals per scheduled facility, and the facility as a whole may not exceed 50% of total occupancy otherwise permitted by law.
- Workouts should be conducted in pods of 25 or less athletes. Pods should remain together throughout the workout.
- Indoor meetings can consist of 50 or less individuals, provided each individual is spaced a minimum of 6 feet apart.
- Individuals permitted to attend include athletes, coaches, trainers and staff.
- Locker rooms are not available to athletes.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- It is recommended that Individuals should wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function or use hand sanitizer.
- Weight room equipment should be wiped down after an individual's use.
- Coaches are required to wipe down all high touch areas after each practice.
- Appropriate clothing/shoes must be worn at all times.
- Hand Sanitizer should be used periodically as resources allow.

Physical Activity:

- Low risk sports may practice without modification.

- Moderate and High Risk sports may practice if modified for non-contact.
- Students cannot share cloth items and these items must be washed after each practice.
- With the exception of balls and field markers (cones, agility bags, ropes, hurdles, etc), the frequency and duration of shared athletic equipment should be limited. Shared athletic equipment should be cleaned intermittently during practice as deemed necessary and upon completion of practice.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 4 (PA Green) Day 15 to 28

Screening:

- Individuals must be screened, including a no touch temperature check, for signs/symptoms of COVID-19 prior to a team function. (See Appendix for COVID-19 Screening Form).
- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact his or her primary care provider or other appropriate healthcare professional for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Social distancing should be applied.
- Workouts can consist of a gathering of a full team. More than 1 team can share a facility, provided:
 - The Gathering Is Not More Than 250 Individuals
 - The facility as a whole does not exceed 50% of total occupancy otherwise permitted by law.
- Indoor meetings of not more than 250 individuals, provided each individual is spaced a minimum of 6 feet apart.

- Individuals permitted to attend include athletes, coaches, trainers and staff.
- Locker rooms are not available to athletes.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function.
- Weight room equipment should be wiped down after an individual's use.
- Appropriate clothing/shoes must be worn at all times.
- Hand sanitizer should be made available to individuals as they transfer locations.

Physical Activity:

- Lower and Moderate risk sports may practice without modification. (scrimmages & 7 v 7 workouts with other schools are permitted)
- High risk sports may practice with limited duration and frequency of contact.
- Students cannot share cloth items and these items must be washed after each practice.
- Athletic equipment, with the exception of wrestling ear guards and football helmets/pads, may be shared by individuals provided it is cleaned intermittently during and upon completion of team functions.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 5 (PA Green) Day 29 until beginning of PIAA Fall season

Screening:

- Individuals must be screened for signs/symptoms of COVID-19 prior to a team function. The screening may include a no touch temperature check. (See Appendix for COVID-19

Screening Form).

- Responses to screening questions for each person must be recorded and stored.
- Any person (including athletes, coaches, and staff) with positive symptoms reported cannot take part in team functions, must be sent home and should contact his or her primary care provider or other appropriate healthcare professional for clearance.

Limitations on Gatherings:

- No concession stand operations permitted.
- Teams may combine to the total group for all team functions.
- Locker rooms are available per state guidelines.
- Social distancing protocols should remain in place wherever possible.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Athletic facilities should be cleaned prior to arrival and post workouts or team gatherings.
- It is recommended that individuals should wash their hands for a minimum of 20 seconds with warm water and soap prior to participating in a team function or use hand sanitizer.
- Coaches are required to wipe down all high touch areas after each practice.
- Weight room equipment should be wiped down after an individual's use.
- Appropriate clothing/shoes must be worn at all times.
- Hand sanitizer should be made available to individuals as they transfer locations.

Physical Activity:

- All sports may practice without restriction.
- Students cannot share cloth items and these items must be washed after each practice.
- Athletic equipment, with the exception of wrestling ear guards and football helmets/pads, may be shared by individuals provided it is cleaned intermittently during and upon completion of team functions.
- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

Level 6 (PA Green) Start of the PIAA Fall season

Pre-workout/Contest Screening:

- Any person who has COVID-19 symptoms cannot participate in practice/games, and must contact their primary care physician or another appropriate health-care provider.
- Team attendance must be recorded

Limitations on Gatherings:

- As per State and Local Guidelines
- When not directly participating in practices or contests, social distancing should be applied if possible.

Facilities Cleaning:

- Adequate cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable disease.
- Athletic facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often.
- Weight Room Equipment should be wiped down after an individual's use.
- Appropriate clothing/shoes should be worn at all times.

Physical Activity and Athletic Equipment

- Low, Moderate, and High Risk may resume normal practice and competitions may begin with PIAA approval.
- Students cannot share cloth items and these items must be washed after each practice.
- Athletic equipment, with the exception of wrestling ear guards and football helmets/pads, may be shared by individuals provided it is cleaned intermittently during practice as deemed

necessary and upon completion of team functions.

- Hand Sanitizer should be used periodically as resources allow.

Hydration:

- Individuals must bring their own water bottle. Water bottles cannot not be shared.
- Hydration stations (water fountains, water cows, water troughs, etc.) cannot not be utilized.

OTHER RECOMMENDATIONS:

Transportation:

Modifications for student/coach transportation to and from athletic events may be necessary. These potential modifications will be determined by the school district, bus companies, Department of Education, State and Local governments. This may include:

- Reducing the number of students/coaches on a bus/van
- Using hand sanitizer upon boarding a bus/van and wearing masks may be required
- Social distancing on a bus

Social Distancing during Contests/Events/Activities

Sidelines/Bench – appropriate social distancing will need to be maintained on sidelines/bench during contests and events, as deemed necessary by the school, PIAA, state and local governments. Consider using tape or paint as a guide for students and coaches.

Who should be allowed at events?

Group people into tiers from essential to non-essential and decide which will be allowed at an event:

1. Tier 1 (Essential) – Athletes, coaches, officials, event staff, medical staff, security
2. Tier 2 (Preferred) – Media
3. Tier 3 (Non-essential) – Spectators, vendors

- Only Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on mass gatherings.
- Changes to seating capacity and social distancing may be necessary for each venue facility and will be determined as more recommendations are released by the local/state governments.

Overnight/Out of State Events/ Events in COVID-19 Hot Spots

The SASD will evaluate each event and follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high risk exposure.

Positive Cases and Coaches, Staff, or Athletes Showing COVID-19 Symptoms

What are the signs and symptoms of COVID-19?

Symptoms may appear 2-14 days after exposure to the virus. The symptoms may range from mild to severe. (See CDC Fact Sheet in Appendix)

Symptoms may include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

What to do if you are sick?

- If you are sick with COVID-19 or think you are infected with the virus, **STAY AT HOME**. It is essential that you take steps to help prevent the disease from spreading to people in your home or community. If you think you have been exposed to COVID-19 and develop a fever and symptoms, call your healthcare provider for medical advice.
- Notify the school immediately (principal, athletic director, athletic trainer, coach)
- It will be determined if others who may have been exposed (students, coaches, staff) need to be notified, isolated, and /or monitored for symptoms
- If a Positive case of COVID-19 is Diagnosed Contact Tracing will be implemented with the assistance of local health professionals and the CDC/PA DOH. See Information in Appendix

What to do if a student or staff become ill with COVID-19 symptoms during practice, event, or during transportation to or from an event?

- Every effort will be made to isolate the ill individual from others, until the student or staff member can leave the school or event
- If student, parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up
- Ill individual will be asked to contact their physician or appropriate healthcare professional for direction

Return of student or staff to athletics following a COVID-19 diagnosis?

- Student or staff should have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, Fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea.

EDUCATION:

Staff, Coaches, Parents and Athletes will be educated on the following (through posters, flyers, meetings, emails, phone calls):

- COVID-19 signs and symptoms
- Proper ways to limit exposure to COVID-19 (hand washing, cough in your elbow, disinfecting touched surfaces, social distancing, etc.)
- The content of this Return to Sport Guidelines Document
- Any pertinent COVID-19 information released by state/local governments, NFHS, and PIAA.

Stadium Attendance Plan - Football Only

Players

Tickets	Grade	SR	JR	SO	FR	Total
4	Seniors/Juniors/Sophomore/Freshmen	11	15	17	4	47
	Tickets	44	60	68	16	188

Cheer

Tickets	Grade	SR	JR	SO	FR	Total
4	Seniors/Juniors/Sophomore/Freshmen	9	4	7	3	23
	Tickets	36	16	28	12	92

Band

Tickets	Grade	SR	JR	SO	FR/8/7	Total
4	Seniors/Juniors/Sophomore/Freshmen	14	10	16	14	54
	Tickets	56	40	64	56	216

Total Player/Cheerleader/Band Tickets

496

Total Tickets

Shamokin Area spectators	496
Shamokin Area players/coaches	53
Shamokin Area cheerleaders/advisors	25
Shamokin Area band/advisors	58
Opponent players/coaches/staff	64
Opponent spectators	96
Workers/officials	42
Media	5
Total	839

- * Applies to Varsity Football games only
- * Masks must be worn at all times while inside the stadium
- * Social distancing will be enforced by security
- * An entry gate will be assigned to each school to control social distancing
- * Fans on opposing sides will not be allowed to cross to the opponents side
- * Band will play pregame only and will exit the stadium

- * Junior High and Junior Varsity games will not exceed 250 people
- * Boys Soccer and Girls Soccer games will not exceed 250 people
- * Junior High Softball games will not exceed 250 people

High School Gymnasium Attendance Plan

Players

Tickets	Grade	SR	JR	Total
4	Seniors/Juniors	2	3	5
	Tickets	8	12	20
		SO	FR	Total
2	Sophomore/Freshman	9	18	27
	Tickets	18	36	54
Total Player/Cheerleader/Band Tickets				54

Total Tickets

Shamokin Area Spectators	54	
Shamokin Area Players/coaches	35	
Opponent players/coaches	25	(avg: 23 players, 2 coaches)
Opponent spectators	46	
Workers/officials	6	
Media	1	
	167	

- * Player and spectator numbers could change per sport and opponent
- * Applies to Girls Volleyball and Boys/Girls Basketball
- * 5 players will be allowed on the bench/chairs which will be spaced at 6' apart
- * Additional substitutes will be located behind wall in gym
- * Each team will be assigned a section of the bleachers
- * Fans/Parents will be assigned the middle section of the bleachers
- * Masks must be worn at all times
- * Social distancing will be enforced by security

WINTER SPORTS RECOMMENDATIONS

This guidance is preliminary; as more public health information is available, the administration may work with impacted entities to release further guidance which could impact fall, winter, or spring seasons.

RECOMMENDATIONS

Recommendations for **ALL LEVELS** including Junior and Senior High Athletics (MS and HS)

1. Athletes, Coaches, and Staff will undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19. The screenings could range from a verbal/written questionnaire to a temperature check. Temperatures at 100.4 or higher will be sent home.
2. Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.) Hand Sanitizer will be available for team use as resources allow.
3. Intensify cleaning, disinfection, and ventilation in all facilities
4. Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible
5. Educate Athletes, Coaches, and Staff on health and safety protocols
6. Anyone who is sick must stay home
7. Plan in place if a student or employee gets sick
8. Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures
9. ***Athletes and Coaches MUST provide their own water bottle for hydration.*** Water bottles must not be shared.
10. PPE (gloves, masks, eye protection) will be used as needed and situations warrant or determined by local/state governments.

11. Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions.(See - CDC “People Who are at a Higher Risk for Severe Illness”)
12. Concession stands or other food must adhere to the Guidance for Businesses in the Restaurant Industry and/or CDC guidelines.

PROCEDURES

Scheduling:

- To avoid traveling into COVID hot spots, games/scrimmages will only be scheduled with schools within a certain radius geographically. The Athletic Director has been given the authority to schedule/postpone/cancel games based on the COVID status in a geographical area. Exceptions may be made for post-season events, where our district does not control opponents or sites.
- To mitigate the risk of a “super spreading” situation, events with multiple teams (tournaments, invitational meets) competing at the same time and venue are highly discouraged. All efforts will be made to only schedule “one vs one” competitions for the winter season. Exceptions may be considered for league, district, or state events (i.e.- All League Meets, League Playoffs, District playoffs, District Duals, PIAA Championships)
- If hosting a tournament consideration should be given to limit the number of persons allowed in the facility at one time to comply with government guidelines

Pre-workout/Contest Screening:

- Any person who has COVID-19 symptoms should not be allowed to participate in practice/games, and should contact their primary care physician or another appropriate health-care provider
- COVID-19 Screenings - Questionnaire and Temperature Checks will be mandatory prior to any practices or contests, screening will be done using Google Forms and will be monitored daily
- Team attendance should be recorded by coaching staff

- Only essential personnel will be permitted in facilities during practices, events or team meetings

Limitations on Gatherings:

- As per State and Local Guidelines
- When not directly participating in practices or contests, masks should be worn and social distancing should be considered and applied when able
- Visitors and spectators are permitted to attend events, but not to exceed 20% of the maximum capacity for the given venue: Gymnasium- 200 capacity (1,000 max); Natatorium- 40 capacity (200 max)

Facilities:

- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
- Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often
- Diving boards and wrestling mats should be sanitized prior to and following each use
- Weight Room Equipment should be wiped down after and individual's use
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces
- Sidelines/Bench – appropriate social distancing will need to be maintained on sidelines/bench during contests and events as deemed necessary by the school, PIAA and state/local governments. Consider using tape or paint as a guide for students and coaches.

Physical Activity and Athletic Equipment:

- Winter sports may begin normal practice and competition on the designated date per PIAA.
- Students should refrain from sharing clothing/towels and should be washed after each practice, including pinnies
- All adult staff (coaches, trainers, etc.) must wear masks/face coverings at all times.
- Face coverings must be worn by participants when not engaged in physical activity.

- Athletic equipment that may be used by multiple individuals (balls, etc.) should be cleaned intermittently during practice and events as deemed necessary
- Weigh-ins for wrestling should be conducted in an open area with participants social distanced as much as possible
- Hand Sanitizer should be used periodically as resources allow
- Spotters for maximum weight lifts should be stationed at each end of the bar
- All activities must follow the NFHS, PIAA, CDC and Department of Health guidelines

Hydration:

- Students **MUST** bring their own water bottle. Water bottles must not be shared.
- Hydration Stations may be used but **MUST** be cleaned after every practice/event

Transportation:

- Masks must be worn by participants and staff when being transported to away events
- Social distancing will be encouraged when possible
- Hand sanitizer will be available on all buses/vans

General:

- Participants should avoid shaking hands, fist bumps, etc. prior to or following a contest
- Masks may be worn by officials and participants during competition if there is a concern or someone feels they are at risk
- Ticket sales will be determined by the number of spectators permitted to an event.
Currently each player/coach on the home school will be given 4 admissions and the visiting team will be given 2 admissions per player/coach
- Cheerleaders will be permitted at home events only, visiting team will not be allowed to have cheerleaders attend

POSITIVE CASES AND COACHES, STAFF, OR ATHLETES SHOWING COVID-19 SYMPTOMS

What are the signs and symptoms of COVID-19?

Symptoms may appear 2-14 days after exposure to the virus. The symptoms may range from mild to severe. (See CDC Fact Sheet in Appendix). Symptoms may include:

- Fever or chills (100.4 or High)
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

What to do if you are sick?

- If you are sick with COVID-19 or think you are infected with the virus, **STAY AT HOME**. It is essential that you take steps to help prevent the disease from spreading to people in your home or community. If you think you have been exposed to COVID-19 and develop a fever and symptoms, call your healthcare provider for medical advice
- Notify the school immediately (principal, athletic director, athletic trainer, coach)
- It will be determined if others who may have been exposed (students, coaches, staff) need to be notified, isolated, and /or monitored for symptoms
- If a Positive case of COVID-19 is Diagnosed Contact Tracing will be implemented with the assistance of local health professionals and the CDC/PA DOH. See Information in Appendix

What to do if a student or staff become ill with COVID-19 symptoms during practice, event, or during transportation to or from an event?

- Every effort will be made to isolate the ill individual from others, until the student or staff member can leave the school or event
- If student, parent/guardian will be contacted immediately, and arrangements will be made for the student to be picked up
- Ill individual will be asked to contact their physician or appropriate healthcare professional for direction

Return of student or staff to athletics following a COVID-19 diagnosis?

- Student or staff should have medical clearance from their physician or appropriate healthcare professional, determined to be non-contagious, fever free (without fever-reducing medicine), improvement in respiratory symptoms (cough, shortness of breath), no vomiting or diarrhea

EDUCATION

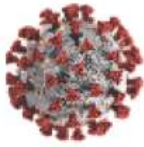
Staff, Coaches, Parents and Athletes will be educated on the following (through posters, flyers, meetings, emails, phone calls):

- COVID-19 signs and symptoms
- Temperature taking and keeping a log
- Proper ways to limit exposure to COVID-19 (hand washing, cough in your elbow, disinfecting touched surfaces, social distancing, avoid touching eyes, nose, face and mouth, no spitting, gum chewing, etc.)
- No Handshakes/Celebrations (high fives, fist/elbow bumps, chest bumps, hugging), etc.
- The content of this Return to Sport Guidelines Document
- Any pertinent COVID-19 information released by state/local governments, NFHS, and PIAA
- Students should come dressed for activity
- Limit indoor activities and the areas used

- Student Athletes should remain with their assigned groups during each workout and during daily workouts to limit the number of people they come in contact with.
- No students allowed in training areas without the presence of an athletic trainer
- The visiting team must show proof of a screening log to the game manager proving that all coaches and athletes have been screened before entering the home schools' facilities

APPENDIX

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



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cdc.gov/coronavirus



BACKGROUND

Contact tracing is the process of reaching out to anyone who came into close contact with an individual who is positive for COVID-19. Contact tracing helps monitor close contacts for symptoms and to determine if they need to be tested. Contact tracing is a key strategy for preventing the further spread of infectious diseases such as COVID-19.

WHAT DOES THIS PROCESS LOOK LIKE?

- In contact tracing, public health staff work with a case to help them recall everyone they have had close contact with during the time they were infectious.
- Public health staff then inform individuals who have had close contact (e.g. “close contacts”) that they have potentially been exposed to COVID-19. Close contacts are only told that they may have been exposed to someone who has COVID-19; they are not told who may have exposed them.
- Close contacts are given education, information and support so they understand their risk. They receive information on what they should do to separate themselves from others who have not been exposed, how to monitor themselves for illness, and are made aware that they could possibly spread the infection to others, even if they do not feel sick.
- Close contacts will be asked to quarantine themselves and are encouraged to stay home and maintain social distancing through the end of their infectious period, which is about 14 days, in case they become sick. They should monitor themselves by checking their temperature twice a day and watch for any other symptoms of COVID-19. Public health staff will check in with these contacts to make sure they are self-monitoring and have not developed symptoms.
- If a close contact develops symptoms, they should isolate themselves and let public health staff know. The close contact will be evaluated to see if they need medical care. A test may be necessary unless the individual is already in a household or long-term care facility with a confirmed case, then the close contact would be considered a probable case without a test.

WHAT TERMS SHOULD I KNOW WHEN IT COMES TO CONTACT TRACING?

- A **case** is a patient who has been diagnosed with COVID-19. A case should isolate themselves, meaning they should stay away from other people who are not sick to avoid spreading the illness.
- A **close contact** is an individual who had close contact with a case while the case was infectious. A close contact should quarantine themselves, meaning they should stay at home to limit community exposure and self-monitor for symptoms.
- A **contact of a close contact** is an individual who had or continues to have contact with a close contact. A contact of a close contact should take all regular preventative actions, like washing hands, covering coughs and sneezes, and cleaning surfaces frequently. A contact of a close contact should be alert for symptoms.

RESOURCES FOR MORE INFORMATION

For more information on wearing or making a mask,

visit: <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Stop-the-Spread.aspx>

For more information on COVID-19, visit the Department of Health’s website, www.health.pa.gov, or the

Help is available, contact the Crisis Text Line by texting **PA**
to **741-741**

RESOURCES:

NFHS: Guidance for Opening Up High School Athletics and Activities
(per update on May 2020)

Centers for Disease Control – “What You Should Know About COVID-19 to Protect Yourself and Others”

Centers for Disease Control – “Schools Decision Tree”

PA Department of Health – “Coronavirus Symptoms”

PA Department of Health – “What is Contact Tracing”

PA Department of Health – “Phased Re-opening Plan by Governor Wolf”

A Guide to Re-Entry to Athletics in Texas Secondary Schools

By Jamie Woodall, MPH, LAT, ATC, CPH and Josh Woodall Med, LAT, ATC

Shamokin Area Athletic Department
Athlete and Staff COVID-19 Screening

Name: _____ Date: _____

Grade: _____ Sports: _____

Students/Coaches should self-report as deemed necessary prior to each practice/event.

Temperature may be taken from a designated trained individual as needed. The other symptoms should be marked as “N” – NO or “Y” Yes answers.

For the column “Close Contact” the answer should reflect the following question:

Within the past 14 days have you had close contact with someone who is currently sick with suspected or confirmed COVID-19? (Note: Close contact is defined as within 6ft for more than 10 consecutive minutes, without PPE equipment.)

If any responses are “YES”, student will NOT be allowed to practice or compete, and will be asked to leave school grounds. Parent/Guardian will be notified.

DATE	TEMP	Fever/ Chills	Cough	Sore Throat	Short of Breath	Loss Taste/ Smell	Vomiting Diarrhea	Close Contact ***

Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **Shamokin Area School District** reviewed and approved the Phased School Reopening Health and Safety Plan on **September 15, 2020**.

The plan was approved by a vote of:

_____ **Yes**

_____ **No**

Affirmed on: **September 15, 2020**

By:

(Signature of Board President)*

(Print Name of Board President)

*Electronic signatures on this document are acceptable using one of the two methods detailed below.

Option A: The use of actual signatures is encouraged whenever possible. This method requires that the document be printed, signed, scanned, and then submitted.

Option B: If printing and scanning are not possible, add an electronic signature using the resident Microsoft Office product signature option, which is free to everyone, no installation or purchase needed.



Attestation Ensuring Implementation of Mitigation Efforts

Whereas, the commonwealth is experiencing its highest daily case counts since the beginning of the 2019 novel coronavirus (COVID-19) pandemic, resulting in increased hospitalizations, nearly 10,000 deaths, and heightened risk to the most vulnerable Pennsylvanians;

Whereas, the Wolf Administration has identified new mitigation efforts, including an attestation process for public school entities that elect to continue in-person instruction for students in counties designated as exhibiting "Substantial" transmission of COVID-19 for two or more consecutive weeks based on a disease incidence rate of 100 or more cases per 100,000 residents and/or a polymerase chain reaction (PCR) percent positivity rate of 10 percent or greater;

Whereas, as of November 23, 2020, 59 of Pennsylvania's 67 counties met one or both of these standards;

Whereas, Pennsylvania [recommends that school entities in counties with Substantial disease transmission transition to remote-only instructional models](#);

Whereas, as of November 20, 2020, many public school entities have exercised their local discretion to continue in-person instruction for all or some students;

Whereas, the resurgence of COVID-19 across the nation, region, and commonwealth requires more consistent and intensive implementation of disease mitigation efforts;

Whereas, these mitigation efforts include an attestation process for any public school entity (a "public school entity" is defined as a school district, intermediate unit, charter school, cyber charter school, or a career and technical education center) that elects to continue in-person instruction as of November 30, 2020 while the county in which it is located is under a Substantial disease transmission designation for at least two consecutive weeks; and

Whereas, this attestation process supplements and does not supplant existing public health guidance issued by the Pennsylvania Department of Health and the Pennsylvania Department of Education;

AND NOW, THEREFORE, the president/chair of the school entity's governing board and chief school administrator, in accordance with the Order of the Secretary of Health dated November 24, 2020, entitled [Order of the Secretary of the Pennsylvania Department of Health Directing Public School Entities in Counties with Substantial Community Transmission to Attest to Health and Safety Protocols](#), attest to one of the following (SELECT ONE OPTION):

All or some of the students within the public school entity are currently receiving in-person instruction and:

1. We have read the [Updated Order of the Secretary of the Pennsylvania Department of Health Requiring Universal Face Coverings](#), effective November 18, 2020, including necessary exceptions and [associated guidance](#), and affirm the public school entity is complying and will continue to comply with and enforce the Updated Order of the Secretary of the Pennsylvania

Department of Health Requiring Universal Face Coverings, including necessary exceptions and associated guidance; and

2. We have read and agree to follow [the Recommendations for Pre-K to 12 Schools Following Identification of a Case\(s\) of COVID-19](#), when cases of COVID-19 occur within the public school entity.

OR

- The public school entity has transitioned to a fully remote learning model and will continue to use a fully remote learning model until the county (or counties) in which the public school entity is located is no longer experiencing Substantial disease transmission for two consecutive weeks.

*** A public school entity in a county with Substantial level of disease transmission that is currently providing a fully remote learning model and that elects to transfer to in-person instruction must resubmit this attestation prior to providing in-person instruction.

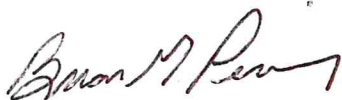
Shamokin Area School District

(Name of Public School Entity)

affirms that it has attached this signed Attestation to its Local Health and Safety Plan (the "Plan") in order to reflect provisions above, and that, by doing so, this attestation becomes part of the Plan and has been or will be fully implemented by November 30, 2020, or three business days after the county in which the public school entity is located has been designated as exhibiting Substantial disease transmission for the first time, should the public school entity in a county with Substantial level of disease transmission for two or more consecutive weeks elect to offer or continue offering in-person instruction for all or some students; and

Further, the Local Health and Safety Plan, inclusive of this attestation, has been posted on the public school entity's publicly accessible website and filed with the Pennsylvania Department of Education by email submission at RA-EDCONTINUITYOFED@pa.gov.

Signed:



(Signature of Governing Board President/Chair)



(Signature of Chief School Administrator)

- President, Governing Board
 Chair, Governing Board

Chief School Administrator

(Printed Name of Governing Board President/Chair)

(Printed Name of Chief School Administrator)

Date Signed: 11-30-20

Date Signed: 11-30-20

Shamokin Area School District

Addendum to Attestation Ensuring Implementation of Mitigation Efforts

Physical Distancing: Shamokin Area School District will make every effort possible to keep students at least 6 feet apart during the school day but inevitably there will be times during the school day, and during bus transportation, that maintaining 6 feet physical distance is not possible due to the size of busses, classrooms, hallways, and our physical school buildings.

Ability to Offer Full Virtual Instruction: Shamokin Area School District will continue to give all students and families the option of a full virtual option with their Shamokin Area teachers for the remainder of the 2020-2021 academic school year. The choice of educational modality is voluntary and students and families may elect to attend in-person or virtual instruction, and to the extent possible, the Shamokin Area School District will make a good faith effort to comply with the orders and recommendations of Commonwealth agencies that are in effect at the time of execution of this attestation. Shamokin Area School District will also attempt to schedule special education students to attend in-person instruction even during virtual days and to the maximum extent possible, ensure their educational staff maintain appropriate physical distance and wear face coverings or alternative face coverings that are appropriate based upon any individual student impairment, disability, or communication need, on a case by case basis.

Masking and Athletics: Shamokin Area School District is aware of safety and health concerns surrounding the wearing of face coverings during active athletic competition, which may pose a safety hazard, or cause breathing or other related medical issues. Shamokin Area School District will make every effort to ensure that athletes and coaches will wear face coverings at all times while not actively participating in athletic activity. Shamokin Area School District will continue enforcing the expectation that all students and athletes are screened at home before coming to school each day. Students are expected to stay home if sick or exhibiting any COVID-19 symptoms. Shamokin Area School District will also maintain athletic precautions, with temperature checks and/or symptom screening of all students that attend extracurricular activities prior to any practice or athletic contest. All students that participate in extracurricular activities are expected to stay home if sick or exhibiting any COVID-19 symptoms.